



## Parenting Courses

### Parenting After Separation (PAS)

This is a seminar about the emotional, financial and legal implications of separation and divorce. It provides information on how parenting separate and apart affects parents and their children.

This no cost six hour course is for:

- Parents who are currently married or living together and are considering separation
- Parents who were living together or married who are separated
- Parents who have never lived together.

The course is open to anyone who may be applying to any Alberta court for an order concerning parenting issues.

The course is mandatory for people who are applying for child support, parenting, custody or access orders in the Court of Queen's Bench.

*PAS was developed in Alberta by the Court of Queen's Bench and Alberta Justice and is now used nationally and internationally.*

To find a course in your area, call:

Calgary 403-297-6981  
Edmonton 780-427-8343  
Elsewhere in Alberta 403-340-7187  
Dial 310-0000 first for toll free access in Alberta.

Ask the Clerk of the Court,  
Ask at Family Law Information Centres,  
Or visit Family Justice Services at  
[www.albertacourts.ab.ca](http://www.albertacourts.ab.ca).

### Parenting After Separation High Conflict (PASHC)

An additional course available for parents who have completed the six hour Parenting After Separation (PAS) program and those in Case Management by a judge. The course provides information about the dynamics of conflict, how to disengage and how to renegotiate boundaries.

The PASHC course is available in Calgary phone: 403-440-3833 and Edmonton phone: 780-413-9805.

### Focus on Communication in Separation (FOCIS)

This course is about communication while parenting apart. Use this course to improve your ability to communicate cooperatively. Help your children by showing them that there are better ways than arguing to get their ideas across.

This six hour course is available at no cost to:

- Parents of children who are involved in a parenting or custody or access court matter.
- The course teaches skills in communicating for those who are parenting apart.
- The course helps children and parents by reducing conflict.

Topics include:

- effects of ongoing conflict on children
- understanding conflict
- listening skills
- speaking skills.



For registration and information:  
Calgary 403-297-6981  
Edmonton: 780-644-5092  
Elsewhere in Alberta 403-340-7187  
Dial 310-0000 first for toll free access in Alberta.

### Assessment and Intervention Services

Some families may benefit from the involvement of an expert to evaluate the family situation or to provide a short course of therapy or intervention.

Family Justice Services may be able to assist in the provision of subsidies or services.

For further information contact:  
**Family Justice Services**  
Calgary 403-297-6981  
Edmonton 780-427-8329  
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Dial 310-0000 first for toll free access in Alberta.



## FAMILY JUSTICE SERVICES

- Family Law Information Centres
- Court Counsellor Services
- Child Support Assistance
- Mediation
- Courses/Seminars for Parents and Families
- Assessment and Intervention Services

Family  
Justice  
Services



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## Family Justice Services

Family Justice Services are a group of programs and services offered by Alberta Justice in collaboration with the courts of Alberta. Family Justice Services works directly with individuals and also with the judges of the Alberta Provincial Court and Court of Queen's Bench to help people get appropriate solutions for their family law matters.

## Family Law Information Centres

The Family Law Information Centres give you information about making family law applications, about child support and the Child Support Guidelines and other areas of family law.

### What They Do

- Give you information about family law.
- Tell you which court forms to use to make a family law application.
- Tell you the steps to take in making a family law application.
- Act as a commissioner for oaths for court documents.
- Refer you to legal and other resources in the community.
- Assist with court generated orders.

### What They Cannot Do

- Give you legal advice on your particular circumstances. You must see a lawyer for that.
- Help you choose if there is more than one way to solve your legal problem (that's legal advice).
- Help you make complicated legal applications.
- Fill in the court forms for you.



Family Law Information Centres (FLIC)  
Calgary 403-297-6981  
Edmonton 780-415-0404  
Grande Prairie 780-833-4234  
Lethbridge 403-388-3102  
Medicine Hat 403-529-8715  
Red Deer 403-755-1468  
Dial 310-0000 first for toll free access in Alberta.

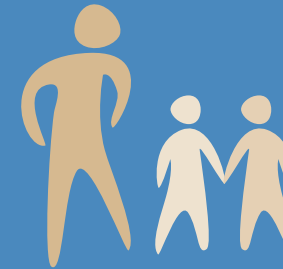
## Family Court Counsellors

Family Court Counsellors provide a variety of services, at no cost, to families who are involved in parenting disputes and are living separate and apart. Services are offered to people who are not represented by a lawyer.

### Services may include:

- Information on options and services for resolving family issues
- Referrals to services and programs including mediation
- Information on effects of parenting separate and apart on children
- Help to negotiate agreements
- Assistance with court applications such as:
  - Parenting orders
  - Contact orders
  - Guardianship
  - Child contact, including grandparent contact
  - Enforcement of child contact or access orders
  - Child support
- Assist with arranging court dates
- Assistance in presenting the case in Provincial Court.

Services do not include legal advice, and are not yet available for *Divorce Act* matters. Some services are limited to matters in Provincial Court.



Family Court Counsellors  
Calgary 403-297-6981  
Edmonton 780-427-8343  
Elsewhere in Alberta 403-340-7187  
Dial 310-0000 first for toll free access in Alberta.

## Mediation Services

When parents are separated or divorcing, and cannot agree on parenting arrangements, the experience can be traumatic for their children. The situation can often be made less stressful if families work together to reach solutions.

Family mediation is a voluntary process that gives families a method of resolving issues that affect their children. Concerns with parenting time, parental responsibilities, child support or other issues may be resolved through mediation. It is most effective when families resolve problems themselves, with the best interests of their children in mind.

Mediation may not be appropriate when families are experiencing issues of violence, neglect or chronic alcohol/drug abuse.

Mediation services are provided at no cost to families with a child less than 18 years of age, when one of the adult parties involved has an annual income of less than \$40,000.

## Child Protection and Intervention Mediation – Provincial Court

For some cases, parents and/or others concerned about the care of a child may have a dispute with the Ministry of Children and Youth Services. These disputes can often be resolved through mediation. Mediation can help families develop a plan that will support earlier decision making and less time in care for children.

### Why mediate?

- Confidential, informal atmosphere
- Parents/families make their own decisions
- Fair and cooperative process
- Cost effective and time-saving
- Trained, impartial mediators
- Future focused outcomes

### Mediation

Calgary 403-297-6981  
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## Child Support Assistance

To obtain information and calculations on child support amounts for any family law application, contact the Family Law Information Centres.

Before attending court, parties may qualify to attend at the Child Support Resolution Officer (in Edmonton) or a Dispute Resolution Officer (in Calgary), for assistance with disputes about child support amounts.

Contact the Family Law information Centre for further information.

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