

What is Family Violence?

- Physical abuse: Slapping, strangulation, or punching her. Using hands or objects as weapons. Threatening her with a knife or gun. Committing murder.
- Sexual abuse: Using threats, intimidation, or physical force to coerce her into unwanted sexual acts.
- Emotional or verbal abuse: Making degrading comments about her body or behavior. Forcing her to commit degrading acts. Confining her to the house. Destroying her possessions. Threatening to kill her or the children. Threatening to commit suicide.
- Financial abuse: Stealing or controlling her money or valuables (of particular concern to older women). Forcing her to work. Denying her the right to work.
- Spiritual abuse: Using her religious or spiritual beliefs to manipulate, dominate, and control her.
- Criminal harassment/stalking: Following her or watching her in a persistent, malicious, and unwanted manner, invading her privacy in a way that threatens her personal safety or psychological wellbeing.



Alberta



Contact Info

- 24-Hour Toll Free Crisis Helpline. 1-888-346-5643
- Phone. 403-346-5643
- E-mail. generalinfo@cawes.com
- Mailing Address. Box 561, Red Deer, AB T4N 5G1
- Website. www.cawes.com

It should be safe
to go home.



Programs and Services

- Accommodation and basic emergency services
- Crisis counseling and intervention
- Family violence prevention and education
- Information and community referrals
- Rural outreach services
- Family Enrichment Program
- Child Support Program
- Partner Safety Check Program
- Community Cares for CAWES' Volunteer Program
- Domestic Violence Court Case Coordination Project

Shelter Description

The Central Alberta Women's Emergency Shelter is a 40 bed facility, providing safe shelter and counseling services to women with or without children who have experienced serious criminal domestic violence. We can provide security and support in our home-like shelter for up to 28 days. Women and their children are welcome on a walk-in or referral basis.

If you or someone you know is experiencing family violence we can help. Call our toll-free helpline 1-888-346-5643 or visit www.cawes.com



How can you help?

- Make a personal or corporate donation by visiting cawes.com, click on the "donate now"
- Host a third-party fund-raiser in support of the CAWES
- Volunteer your time
- Participate in an Employee Giving Program
- Sign up for our Monthly Giving Program



We are here to provide safe refuge for women and children, assisting people to achieve their full potential free from family violence.

